Junior Surf Achievement Award Level 4 (10 year olds)

* This work sheet is designed to assist Junior Surf Coordinators in the assessment of the Junior Surf Achievement Award levels.
* This form is to be completed in Duplicate. Original copy sent to Surf Life Saving Northern Region, other copy retained by Club.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Club:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Tick appropriate column when skill achieved ☞ | | Open Water Swim  200 metres | Pool swim 200 metres in 7 minutes | Swim with a tube fins and patient | Diving under a wave and pushing off the bottom | Tread Water  1 minute | Run/Wade/Run  50m x 100m x 50m | Body surfing, swimming to catch a wave | Board kneeling | Board negotiating surf | Board turning, catching a wave and holding on | Board paddling with a patient | Board paddling with two on board | Theory questions page 33 | LEVEL 4 COMPLETED |
| Given Name | Surname |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ endorse that the above named have satisfactorily completed the required criteria for the Award as indicated.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Junior Surf Co-ordinator) (Day/Month/Year)