

# IRB INTERCLUB

**RUAKAKA**  
**10AM EVENT START**  
**\$75/CREW**

Single Rescue  
Mass Rescue  
Tube Rescue  
Assembly  
Teams Race

**9.01.21**



**SURF LIFE SAVING®**  
NORTHERN REGION

[WWW.LIFESAVING.ORG/SPORT/EVENT-Information](http://WWW.LIFESAVING.ORG/SPORT/EVENT-Information)



# EVENT INFORMATION

## Event Timings:

**Ruakaka Tides** – 10.31am Low / 4.44pm High

Please note that there will be Junior Interclub running at the same time on Ruakaka Beach

When	What	Who
8.15am	Event Safety Evaluation	ER, EM, ESO, DER, WSC
8.45am	Event Safety Briefing	ESO, WSC, Event safety team
9.00am	Officials Briefing	ER, EM, ESO, DER, officials
9.15am	Event Briefing / Warm up begins	ER, EM, ESO, DER, Team Managers
10.00am	Event Start	



# EVENT INFORMATION

## Event Programme:

Event programme for the day.

<b>NR IRB Interclub - 9th January 2021 Programme &amp; Timings</b>
<b>Single Rescue - Round One</b>
<b>Mass Rescue - Round One</b>
<b>Tube Rescue - Round One</b>
<b>Assembly Rescue - Round One</b>
<b>SHORT BREAK - TIME PERMITTING</b>
<b>Single Rescue - Round Two</b>
<b>Mass Rescue - Round Two</b>
<b>Tube Rescue - Round Two</b>
<b>Assembly Rescue - Round Two</b>
<b>Teams Race</b>

Programme may be altered to adhere to Covid-19 level restrictions. Programme/times may change to allow for the relevant level safety requirements.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.

## Event Categories:

- Please note a minimum of 4 Crews are required per division, otherwise divisions will be merged.
- Those who are eligible to enter an age group category may also enter the open division
- For the Team Rescue all age groups can compete in the open category



# EVENT INFORMATION

## **Cancellation Policy:**

- Due to Covid-19 if the region the competition is based in is at level 3 or 4, the event will be cancelled. Under level 2 events may happen if gathering rules allow otherwise the event will be cancelled.

## **Eligibility of Competitors: Seniors**

- This competition is open to any current & active SLSNZ member.
- Competitors age group is determined by their age as at midnight on 30th September 2020.
- Competitors must be a minimum of 14 years of age.
- Competitors need to be either a refreshed Surf Lifeguard for the previous season OR a newly qualified Surf Lifeguard in the current season.

## **Rules:**

- This event will be conducted under the rules contained in the [SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).

## **Competition Uniform:**

- All competitors must wear their club cap.
- All competitors must wear SLSNZ approved safety gear – helmets/life jackets as well as competition uniform

## **Briefings:**

- Briefings will be held in the main room of Ruakaka Surf Club.
- It is important that all surf officials, managers and competitors attend their required briefings
- Updated event Information will be posted up on Facebook on the IRB Interclub event page as well as the Northern Region website

## **Event Courses:**

- Courses will be set closer to the time, taking into account wind & tide.



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## Surf Officials:

- All Clubs are required to meet Surf Official/Competitor ratios of 1 surf official for every 10 competitors (or part thereof) but encouraged, to not meet but exceed supplied Surf Official numbers
- Clubs may be requested to provide more, should the need arise.
- If you are struggling to provide officials please either contact other clubs to arrange loan Surf Officials or contact [entries@lifesaving.org.nz](mailto:entries@lifesaving.org.nz) as there may be other ways for your club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

## Health & Safety:

- A Competition Safety Plan is completed for every SLSNZ event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found [here](#)
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to [entries@lifesaving.org.nz](mailto:entries@lifesaving.org.nz). However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
  - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).
- **Concussion Protocol**
  - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
  - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
  - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ





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with the required SLSNZ Medical Clearance before further participation is permitted.

- Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
  - Under 18 competitor waivers found [here](#).
  - 18 and over competitor waivers found [here](#).
- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.



# EVENT INFORMATION

## COVID-19 Contingencies:

- In level 1 events will run as usual but in the event we are in level 2 the programme will be changed to reflect restricted numbers for gatherings. This may involve dividing events between beaches or having staggered start times for events.
  - We will have event QR codes set up for contact tracing.
  - Hand sanitizer will be available and increased cleaning of shared spaces will be implemented
  - We may look to create set areas to keep groups apart during events. Having separate areas for competitors, spectators etc
  - We ask that those attending competitions please practice the following:
    - Wear a mask when operating in spaces where you cannot remaining 1m away from people you do not know.
    - Clubs travel as 'light' as possible in relation to coaches, managers, supporters, siblings etc
    - Maintain good hygiene
    - Physically distance
    - Stay home if you're sick
    - Get tested if you have cold or flu symptoms
    - Keep track of where you've been and who you've seen.
  - COVID-19 Guidelines:
    - [www.covid19.govt.nz](https://www.covid19.govt.nz)
    - <https://sportnz.org.nz/covid-19-response/overview/>
    - <https://www.surflifesaving.org.nz/club-management/health-safety/covid-19-updates>