

SLSNR IRB CHAMPS

RUAKAKA

9AM EVENT START

\$180/CREW



Single Rescue
Mass Rescue
Tube Rescue
Assembly
Teams Race

21.03.21



SURF LIFE SAVING®
NORTHERN REGION

WWW.LIFESAVING.ORG/SPORT/EVENT-INFORMATION



EVENT INFORMATION

Event Timings:

Ruakaka Tides - 6.57am Low Tide / 1.08pm High Tide

When	What	Who
7.00am	Event Safety Evaluation	ER, EM, ESO, DER, WSC
7.15am	Event Safety Briefing	ESO, WSC, Event safety team
8.00am	Officials Briefing	ER, EM, ESO, DER, officials
8.30am	Event Briefing / Warm up begins	ER, EM, ESO, DER, Team Managers
9.00am	Event Start	

Event Programme:

Event Programme will be confirmed once entries close.

Programme may be altered to adhere to Covid-19 level restrictions. Programme/times may change to allow for the relevant level safety requirements.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.



EVENT INFORMATION

Event Categories:

- Please note a minimum of 4 Crews are required per division, otherwise divisions will be merged.
- Those who are eligible to enter an age group category may also enter the open division
- For the Team Rescue all age groups can compete in the open category

	U19		U23		Open	
Event	M	F	M	F	M	F
Single Rescue	✓	✓	✓	✓	✓	✓
Mass Rescue	✓	✓	✓	✓	✓	✓
Assembly	✓	✓	✓	✓	✓	✓
Tube Rescue	✓	✓	✓	✓	✓	✓
Team Rescue (4 people)					✓	✓

Entry Process:

- Entries close **Monday 8 March 2021**
- Search for “2021 Northern Region IRB Championships” on the SLSNZ online entry portal [here](#)
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

Entry Fees:

- **\$180.00** (inclu. GST) per Crew
- **\$10.00** (inclu. GST) per substitute
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.

Cancellation Policy:

- Due to Covid-19 if the region the competition is based in is at level 3 or 4, the event will be cancelled. Under level 2 events may happen if gathering rules allow otherwise the event will be cancelled.



EVENT INFORMATION

Eligibility of Competitors: Seniors

- This competition is open to any current & active SLSNZ member.
- Competitors age group is determined by their age as at midnight on 30th September 2020.
- Competitors must be a minimum of 14 years of age.
- Competitors need to be either a refreshed Surf Lifeguard for the previous season OR a newly qualified Surf Lifeguard in the current season.
- Drivers and Crewpersons must be either a refreshed or newly qualified driver/crewperson

Team Substitutes:

- All team substitutes must be registered in some capacity in the competition.
- This means that if an athlete is competing in any event, for example the Single Rescue race, they are registered for the event. In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event.
- **Therefore any potential substitutes (who are not already competing) must be entered into event as Substitutes.** This is to allow fairness to all by ensuring that all eligibility criteria are met.
- Please make an effort to enter complete teams when you fill are entering your club.

Rules:

- This event will be conducted under the rules contained in the [SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).

Competition Uniform:

- All competitors must wear their club cap.
- All competitors must wear SLSNZ approved safety gear – helmets/life jackets as well as competition uniform – Page 68 onwards of equipment specifications manual - <https://www.surflifesaving.org.nz/media/990231/section-12-equipment-specifications.pdf>



EVENT INFORMATION

Composite Teams:

- Clubs that are struggling to make up numbers in mixed relays events, may form composite teams.
- This function is to promote smaller clubs fielding teams and encourage clubs to exercise this option in the spirit intended.
- Please contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off if this applies to you.
- Please note that composite teams will not be eligible for points or medals but will stay in the event progressions

Briefings:

- It is important that all surf officials, managers and competitors attend their required briefings
- Updated event Information will be posted up on Facebook on the NR IRB Championships event page as well as the Northern Region website

Event Courses:

- Courses will be set closer to the time, taking into account wind & tide.

Surf Officials:

- All Clubs are required to meet Surf Official/Competitor ratios of 1 surf official for every 10 competitors (or part thereof) but encouraged, to not meet but exceed supplied Surf Official numbers
- Clubs may be requested to provide more, should the need arise.
- If you are struggling to provide officials please either contact other clubs to arrange loan Surf Officials or contact entries@lifesaving.org.nz as there may be other ways for your club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

Presentations:

At the conclusion of racing we will be presenting medals to all place getters in each event that was contested that day. You are encouraged to stay behind and recognize those who have achieved during these Championships.

Point system:



EVENT INFORMATION

Points are awarded as follows

Team Events	
Placing	Points
1 st	5
2 nd	3
3 rd	1

Health & Safety:

- A Competition Safety Plan is completed for every SLSNZ event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found [here](#)
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesaving.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
 - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).
- **Concussion Protocol**
 - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
 - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
 - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
 - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.



EVENT INFORMATION

- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
 - Under 18 competitor waivers found [here](#).
 - 18 and over competitor waivers found [here](#).
- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.

COVID-19 Contingencies:

- In level 1 events will run as usual but in the event we are in level 2 the programme will be changed to reflect restricted numbers for gatherings. This may involve dividing events between beaches or having staggered start times for events.
 - We will have event QR codes set up for contact tracing.
 - Hand sanitizer will be available and increased cleaning of shared spaces will be implemented
 - We may look to create set areas to keep groups apart during events. Having separate areas for competitors, spectators etc
 - We ask that those attending competitions please practice the following:
 - Wear a mask when operating in spaces where you cannot remaining 1m away from people you do not know.
 - Clubs travel as 'light' as possible in relation to coaches, managers, supporters, siblings etc
 - Maintain good hygiene
 - Physically distance
 - Stay home if you're sick
 - Get tested if you have cold or flu symptoms
 - Keep track of where you've been and who you've seen.
 - COVID-19 Guidelines:
 - www.covid19.govt.nz
 - <https://sportnz.org.nz/covid-19-response/overview/>
 - <https://www.surflifesaving.org.nz/club-management/health-safety/covid-19-updates>