



## Circular 007:19

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**Date:** 24<sup>th</sup> January 2019

**Subject:** Intermediate Guard School #3

**Attention:** Club Chief Instructors & Surf Lifeguards

**Action:** Register now open for IGS #3

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Circulars are available at: <http://lifesaving.org.nz/lifesaving/lifesaving-operations-circulars/>

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This course is designed to provide extensive training, skill development and experience for lifeguards who have been patrolling for 1-3 seasons.

The Intermediate Lifeguard School is delivered via a two-day camp where participants complete modules in surf lifeguarding techniques, team work, public image, emergency care, board rescue and rock/surf rescue.

This course is an excellent opportunity to become a more confident and capable lifeguard and learn from some of the most experienced and skilled Lifeguards in the region.

**Please see information below about Intermediate Guard School #3**

Venue: Bethells Beach

Date: 2<sup>nd</sup> and 3<sup>rd</sup> March 2019

**Pre-requisites:**

- Current Level 1 First Aid (refreshed)
- Marine VHF Radio Operators Certificate
- Min 1 season of full active patrolling
- IRB Crewperson Module (recommended)
- Current member of a SLS club
- Surf Lifeguard Award (refreshed)
- Swim 400 meters sub 8 minutes
- Club Endorsement to attend

**Registrations close:** 17<sup>th</sup> February 2019

**Registration link:** <https://www.surveymonkey.com/r/IGS3>

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