



Circular **061:19**

Date: Thursday 29th August 2019

Subject: Peer Support Training Opportunities

Attention: All SLS Members

Action: Register interest to attend Peer Support training

Circulars are available at: <http://lifesaving.org.nz/lifesaving/lifesaving-operations-circulars/>

Do you like to look out for your mates?

Do people often come and talk to you about things that might be bothering them?

Are you a Clubbie that has been around for a while and have some good life experience?

If you answered yes to the above, then we would like to hear from you about becoming a Peer Supporter for Northern Region.

Peer Supporters are clubbies who are there to support our members after attending incidents that may cause them some concern. It is Surf Life Savings internal membership welfare programme and its purpose is to provide an option for all SLS members with regards to well-being and to enact our obligations for members emotional, spiritual and physical wellbeing. The vision of Peer Support programme in the Northern Region is that all SLS members return home physically, emotionally and spiritually well.

Two Peer Support courses have been scheduled to run on the following dates,

Peer Support Refresher (Current Peer Supporters)

Venue: Auckland Marine Rescue Centre

Date: Saturday 12th October 2019

Time: 10am-4pm

Peer Support Training (New Peer Supporters)

Venue: Auckland Marine Rescue Centre

Date: Sunday 13th October 2019

Time: 10am-4pm

If you would like to apply for either of these courses, please [click here](#).

SLSNR needs to ensure that it's Peer Supporters are responsible, mature and capable persons. At times Peer Supporters may be tasked to critical Incidents involving members who are experiencing a range of differing reactions to traumatic events. It is important that all Peer Supporters have the necessary pre-requisites and training to ensure proper and effective support can be provided.



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The pre-requisites for this role are as follows,

- 20 years of age
- Restricted Motor Vehicle License
- Successful Police Vetting
- SLS Member
- Club endorsement
- SLS understanding

Zane Rademaker

Support Services Supervisor