



**SURF LIFE SAVING**  
NORTHERN REGION

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## Circular 070:19

**Date:** Thursday 10<sup>th</sup> October 2019

**Subject:** Restart a Heart Day

**Attention:** All Members

**Action:** *Information Sharing – Restart a Heart day campaign*

Circulars are available at: <http://lifesaving.org.nz/lifesaving/lifesaving-operations-circulars/>

Surf Life Saving Northern Region is joining St John in the International Restart a Heart Day where bystanders can practice CPR on manekins around the country.

We will be based at the Auckland International Airport and publishing social media posts with the #restartaheart. If you see these please feel free to share them on your own club's pages also to get the word out.

