



Circular 073:19

Date: Thursday 17th October 2019

Subject: 2019/2020 Start of Patrolling Season

Attention: All Members, Club Lifesaving Officers, Training Officers

Action: Key information for the start of the season.

Circulars are available at: <http://lifesaving.org.nz/lifesaving/lifesaving-operations-circulars/>

With the start of our patrolling season only days away please find below updates to review prior to patrolling beginning on Labour Weekend.

Surf Lifeguard Refreshers:

Make sure your refresher has been completed in a timely manner. Talk to you club to see if they will be using the online portal for refreshers or whether this will take place in the traditional format. It is encouraged that clubs organise mass refreshers over the long weekend, and these make great opportunities for you to complete this process, and upskill or remain current with you patrolling teams, make sure you take responsibility for upskilling yourself and completing your refresher before the season is in full swing.



Upskilling Opportunities:

Keep an eye out on the relevant SLSNR Social media pages for upcoming events -camps, lifeguard schools and development courses. This is a great way to further yourself as a lifeguard throughout the season and gain a wider understanding of the Surf Life Saving movement and its various pathways.

Upcoming courses to look out for over the next couple of weeks:



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T 09 303 0663
www.lifesaving.org.nz

1. Intermediate Guard School
2. Senior Guard School
3. Tough Stuff workshops
4. Sporting Events
5. Official's Courses

[Click here for a link to our Events Calendar](#)

Weekly Operational Updates:

Make sure you and your patrol have signed up to receive the weekly Northern News Operational Circulars. These circulars are designed to keep you up to date and informed with the latest information for the week. [Click here](#) to register for the ops circulars. We encourage active feedback on these updates so they are most suited to our memberships needs.



Northern News

19th September 2019

Changes to the Lifeguard Manual:

The following changes have been made to the SLS Lifeguard Award Manual for the 2019/2020 Season. Make sure you are aware of these changes. Click the words below for the online copies:

[Manual](#)

[Workbook](#)

- SLSNZ's Coastal Safety Team has reviewed and updated the Strategic approach to drowning prevention diagram and text which you will see has been implemented into our new manual.
- There have been significant changes in the Prepare and Prevent sections with Risk Management, Health and Safety and Wellbeing all being re-written. More detail has been included around Risk Management in Action, Proactive Lifeguarding, PAM Database Information and the SLSNZ Incident and Injury Notification processes.



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- There has been a complete review of the Respect section regarding the Surf Environment. All of the text has been re-written with new terminology of wave types, rip currents and understanding how our coastal areas change.
- In the Communication section recommendations were made regarding the structure of this section so topics have been shuffled around and updated here.
- In the Respond section we have included new equipment following the introduction of Rescue Water Craft vehicles. In Surf Lifeguard Skills we have added in recommendations around Tows and we have included an additional carry as an alternative. In this section, and throughout the manual we have improved consistency around the term 'Lifeguard' and 'Patient,' in response to feedback.
- Finally, in the Perform section, CPR and First Aid processes and procedures have been reviewed and a complete rewrite was necessary here. The First Aid Review Group made careful consideration of current international best practice to bring the first aid content of our SLA in line with this.