



Circular **083:19**

Date: Thursday 31st October 2019

Subject: Sports Update

Attention: Club Junior & Senior Chairs, Managers, Coaches & Athletes

Description: Junior Interclub #1 & New Wave Surf Lifesaving Clinics

Circulars are available at: <http://lifesaving.org.nz/lifesaving/lifesaving-operations-circulars/>

SLSNR Junior Interclub #1, 30th November 2019, Orewa Beach

The first Junior interclub is just around the corner with events for U10's, U12's & U14 members. Follow the link below for event information:

<http://www.lifesaving.org.nz/media/524169/2019-nr-junior-interclub-1-orewa-event-information.pdf>

Next Wave Surf Lifesaving Clinics

Calling all Surf Lifesaving athletes in the Auckland Region!! Next Wave Clinics offering exclusive access to New Zealand surf sport stars and current Nutri-grain athletes Max Beattie, Cory Taylor and Danielle McKenzie.

These sessions are aimed at kids who are wanting to compete at Ocean Athletes. Sessions will include a combination of water training and technique sessions. Plus, nutrition, controlling race day nerves and racing tactics.

Spaces are limited. We are accepting kids on a first in first served basis and we will do our best to ensure everyone gets an opportunity to get some extra coaching.

Tuesday 17th December- MAIRANGI BAY

9am-2pm: Cost \$85

We are aware of schools finishing on different dates, so if you would prefer us to do an afternoon session 4-6pm on Tuesday 17th December. Let us know.

Register your interest with nextwaveclinics@gmail.com

Proudly
Supported by:





SURF LIFE SAVING
NORTHERN REGION

3 Solent Street, Mechanics Bay, Auckland 1010
PO Box 2195, Shortland Street, Auckland 1140
T 09 303 0663
www.lifesaving.org.nz

AIMING TO INSPIRE THE NEXT GENERATION OF OUR SPORT AND
STRIVE TO THE BEST VERSIONS OF THEMSELVES.

LIMITED SPACES AVAILIABLE

NEXT WAVE CLINICS

WITH

DANIELLE MCKENZIE
MAX BEATTIE &
CORY TAYLOR

NEXT WAVE CLINICS OFFERING
EXCLUSIVE ACCESS TO NEW ZEALAND
SURF SPORTS STARS AND CURRENT
NUTRI-GRAIN SERIES ATHLETES

DANIELLE MCKENZIE
MAX BEATTIE &
CORY TAYLOR



A combination of on the water
training & water sessions. Plus out of
the water athlete management
including nutritoin, tatics and nerves.

CLINICS WILL RUN BETWEEN
9am - 2pm ON THE FELLOWING
DAYS

TUESDAY 17TH DEC 2019
MAIRANGI BAY

WEDNESDAY 18TH DEC 2019
TBC

THURSDAY 19TH DEC 2019
OMANU BEACH

FRIDAY 20TH DEC 2019
MIDWAY BEACH

\$85 PER CHILD

U12 TO U16 YEAR OLD



TO REGISTER CONTACT

nextwaveclinics@gmail.com