JUNIORS NORTHLAND HEAD TO HEAD

7.1.23 RUAKAKA U8 - U14





Event Purpose:

The purpose of the Northland Junior Head to Head is to provide a participation event that is a fun racing experience that focuses on different events in a non-traditional racing set up.

This is a participation event so no points are awarded.

Event Timings:

Ruakaka Tides - 8.58am H / 3.04pm L

Timing	What	Who
6.45am	Event Safety Evaluation	ER, EM, ESO, DER, WSC
7.00am	Event Safety Briefing	ESO, WSC, Event safety team
7.30am	Officials Briefing	ER, EM, ESO, DER, officials
8.00am	Event Briefing	ER, EM, ESO, DER, Team Managers
8.30am	Event Start	

Event Programme:

Event programme will be provided once entries have closed.

Programme may be altered to adhere to Covid-19 level restrictions. Programme/times may change to allow for the relevant level safety requirements.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.

Event Categories:

Age Groups	U8	U9	U10	U11	U12	U13	U14
2 Person	Y			Y		Y	
Swim/Wade Relay							
Single person	Y	Y	Y	Y	Y	Y	Y
Board /							
Bodyboard Race							
U14 2 person Tube							Y
Rescue							
3 person Board /	Y			Y		Y	
Bodyboard Relay							
Diamond (single				Y	Y	Y	Y
person)							
2 person Diamond	Y						
Relay							
4 person Cameron	Y			Y			
Beach Flags	Y	Y	Y	Y	Y	Y	Y

All Arenas:

- Swim/Wade Relay Can be mixed <u>or single sex</u> but will race with all types of teams in each heat
- Board/Boogie Board Race Males and females will race together in their separate age groups
- U14 Tube Relay Can be mixed or single sex but will race with all types of teams in each heat
- Board/Boogie Board relay will be all mixed gender teams Can be mixed <u>or single</u> <u>sex</u> but will race with all types of teams in each heat
- Diamond Males and females will race together in their separate age groups Diamond Relay - Can be mixed <u>or single sex</u> but will race with all types of teams in each heat
- U10 & U12 4P Cameron Can be mixed <u>or single sex</u> but will race with all types of teams in each heat
- Beach Flags U8, U9 U10 Males and females race together but separate age groups
- Beach Flags U11,U12, U13,U14 Males and females will race separately and in separate age groups

Entry Process:

- Entries close Tuesday 27 December 2022 at 10am
- Search for "2022 Northern Region Northland Junior Head to Head" on the SLSNZ online entry portal here
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

Entry Fees:

- \$22.50 (inclu. GST) per Competitor
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.

Cancellation Policy:

• If an event is cancelled clubs will not be invoiced for entries.

Rules:

• This event will be conducted under the rules contained in the SLSNZ Surf Sport Competition Manual, including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).

Eligibility of Competitors:

- This competition is open to any current & active SLSNZ member, which requires:
 - A DOB recorded in the SLSNZ Database
 - A PRIMARY membership with the club they intend to participate for
 - A 200m safety badge to participate in identified events
- Competitors age group is determined by their age as at midnight on 30th September 2022.

Event Clarifications:

- U10's will be eligible to compete in the Surf Race, only if they have obtained their 200m badge.
- U12 & U14 Members need to hold a current badge to compete in water events.

Competition Uniform:

- All competitors must wear their club cap.
- All competitors are to wear a High Visibility Vest

Composite Teams:

- Clubs that are struggling to make up numbers in mixed relays events, may form composite teams.
- This function is to promote smaller clubs fielding teams and encourage clubs to exercise this option in the spirit intended.
- Please contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off if this applies to you.

Briefings:

- It is important that all surf officials, managers and competitors attend their required briefings
- Updated event Information will be posted up on Facebook and via the TeamReach app group code is SLSNRJS, as well as on the Northern Region website

Surf Officials:

- All Clubs are required to meet Surf Official/Competitor ratios of 1 surf official for every 10 competitors (or part thereof) but encouraged, to not meet but exceed supplied Surf Official numbers
- Clubs may be requested to provide more, should the need arise.
- If you are struggling to provide officials please either contact other clubs to arrange loan Surf Officials or contact entries@lifesaving.org.nz as there may be other ways for your club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

Water Safety Support:

- All Clubs are required to provide at least 1 water competent person (whether it's a lifeguard or parent help for every 10 competitors (or part thereof) to act as water safety if required.
- Water safety support will be rostered to assist the Event Safety & Support team during water events.
- Clubs need to provide a list of names to the Event Manager by Friday 30 December 2022

All Water safety are required to turn up 'ready to respond'; equipped with Wetsuit, Rash Shirt, Fins, Tubes and Goggles.

Health & Safety:

- A Competition Safety Plan is completed for every SLSNR event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the Missing Competitor at Sea Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found here
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesacing.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNR and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
 - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website here.
- Concussion Protocol
 - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
 - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
 - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
 - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
 - Under 18 competitor waivers found here.
 - 18 and over competitor waivers found here.
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.

• **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.