



NORTHERN REGIONAL
CHAMPIONSHIPS

18.02.23
19.02.23

WHANGAMATA



SURF LIFE SAVING[®]
NORTHERN REGION

EVENT INFORMATION

Event Purpose:

The Northern Region Championships is a pinnacle event for Northern Region. This event is the final championship event ahead of the National Championships. We aim to provide an enjoyable competitive event for all attending.

Event Timings:

Tides Whangamata: Saturday – 11.50am Low tide / 6.09pm High tide

Sunday – 12.53pm Low tide / 6.53am High Tide

When	What	Who	What	Who
Wednesday 15 February				
7pm	Event Q&A	Anyone who wants to attend online		
Friday 17 February				
7pm	Team Managers Briefing	ER, EM, ESO, DER, Team Managers (all arenas)		
Saturday 18 February			Sunday 19 February	
7.00am	Event Safety Evaluation	ER, EM, ESO, DER, WSC	Event Safety Evaluation	ER, EM, ESO, DER, WSC
7.15am	Event Safety Briefing	ESO, WSC, Event safety team	Event Safety Briefing	ESO, WSC, Event safety team
7.45am	Officials Briefing	ER, EM, ESO, DER, officials	Officials Briefing	ER, EM, ESO, DER, officials
8.15am	Team Managers Updates	ER, EM, ESO, DER, Team Managers (all arenas)	Team Managers Updates	ER, EM, ESO, DER, Team Managers (all arenas)
9.00am	Event Start	(all arenas)	Event Start	(all arenas)

EVENT INFORMATION

Draft Event Programme:

Below is the draft program. This will be amended according to final entries and conditions on the day. Any changes will be communicated in a timely manner.

Saturday AM <i>(U15 & U17's to run finals, U19 & Open finals on Sunday PM)</i>	Swim
	Board
	Ski
	Iron
Saturday PM- Sunday AM	Beach Flags
	Beach Relay
	Beach Sprints
	Board Relay
	Double Ski (Single Gender)
	Ski Relay
Sunday PM <i>Finals Package for U19 & Opens</i>	Tube Rescue
	Swim
	Board
	Ski
	Iron
Surf Boats – SC/LC – order and days to be confirmed after final entries	
Surf Canoes – SC/LC – order and days to be confirmed after final entries	

Beach events will run at the same time as the water events.

Event Curtailment Plan:

The below outlines the events planned to be delivered, and which events take priority. The Event Curtailment Plan will be used to ensure a quality experience is delivered.

The Event Curtailment Plan may be implemented after final entry numbers. It will be used at the discretion of the Event Management Committee, should conditions become unfavourable.

Priority 1 Events	Swim
	Board
	Ski
	Iron
Priority 2 Event	Beach Flags
	Beach Relay
	Beach Sprints
Priority 3 Events	3 Person Taplin Relay
Priority 4 Events	Board Relay
	Ski Relay
Priority 5 Events	Double Ski
	Tube Rescue

EVENT INFORMATION

Final Event programme will be provided once entries have closed.

Event Clashes – Events will not be held for any competitor. If a competitor has not registered for an event, or is not on the line ready then they will not start in that heat or another heat.

Programme/times may change to allow for the relevant level safety requirements.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.

Event Categories:

All team events will be run as single gender events within their age groups.

Event	U15		U17		U19		U23		Open		Master 30+	
	M	F	M	F	M	F	M	F	M	F	M	F
Surf Race	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
Board Race	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
Ski Race	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
Iron Person			✓	✓	✓	✓			✓	✓	✓	✓
Diamond Person	✓	✓										
3 person Taplin			✓	✓	✓	✓			✓	✓	✓	✓
Beach Relay			✓	✓	✓	✓			✓	✓	✓	✓
Sprints	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
Beach Flags	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
Board Relay			✓	✓	✓	✓			✓	✓	✓	✓
Ski Relay			✓	✓	✓	✓			✓	✓	✓	✓
Tube Rescue			✓	✓	✓	✓			✓	✓		
Double Ski					✓	✓			✓	✓	✓	✓
Boat (long and short course)					✓	✓	✓	✓	✓	✓	✓	✓
Canoe (long and short course)					✓	✓			✓	✓	✓	✓



EVENT INFORMATION

Entry Process:

- Entries close **Tuesday 7 February 2023 at 11am**
- Search for “2022 Northern Region Senior Championships” on the SLSNZ online entry portal [here](#)
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organizers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

Entry Fees:

- **\$50.00** (incl. GST) per Competitor
- **\$180.00** (incl. GST) per Boat/Canoe Crew
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.

Cancellation Policy:

- If an event is cancelled clubs will not be invoiced for entries.

Eligibility of Competitors: Seniors

- This competition is open to any current & active SLSNZ member.
- Competitors age group is determined by their age as at midnight on 30th September 2022.
- Masters competitors only require a Surf Lifeguard Award recorded on the SLSNZ Database
- Competitors must be a minimum of 14 years of age.
- Competitors need to be either a refreshed Surf Lifeguard for the previous season OR a newly qualified Surf Lifeguard in the current season.

Team Substitutes

All team substitutes must be registered in some capacity in the event. This means that if an athlete is competing in any event for example the surf race they are registered for the event. In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event.

This is to allow fairness to all by ensuring that all eligibility criteria are met.



EVENT INFORMATION

Masters

- Individual Masters events will have entries available in 5 year age increments (30-34, 35-39, 40-44, 45-49 etc.) and they will be recognized accordingly.
- Masters Team events will be run as a single age category.
- Depending on entry numbers age groups may be combined for races.

Rules:

- This event will be conducted under the rules contained in the [SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).
- If a club wants to make protest there is a \$50 protest fee that must be paid at the time of protesting. Protest forms will be available in the admin HQ (downstairs annex of club).
- Competitors can only race in 1 age group in individual events and will not be able to switch age group arenas throughout the day. Racing will not be held for people. This is to ensure we can get through as much racing as possible.

Competition Uniform:

- All competitors must wear their club cap.
- All competitors are to wear a High Visibility Vest

Composite Teams:

- Clubs that are struggling to make up numbers in mixed relays events, may form composite teams if entry numbers allow.
- This function is to promote smaller clubs fielding teams and encourage clubs to exercise this option in the spirit intended.
- Please contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off if this applies to you.

Large-Craft (Boats & Canoes) Composite Protocol:

- Clubs that are unable to field single gender crews but can field mixed crews within their club will be permitted to do so.
- If this applies to your club, contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off.



EVENT INFORMATION

Briefings:

- It is important that all surf officials, managers and competitors attend their required briefings. **It will be compulsory for each club to have a representative attend the team managers briefings (this includes boats/canoes)**
- Updated event Information will be posted on the Northern Region website as well as updates via Team Reach – SLSNRSS is the code for the event.

Event Courses:

- Courses will be set closer to the time, taking into account wind & tide.

Surf Officials:

- All Clubs are required to provide at least 1 surf official for every 10 competitors (or part thereof).
- Clubs may be requested to provide more, should the need arise.
- Please ensure that you have adequate numbers of Surf Officials available to meet the numbers of competitors entered.
- If you are struggling to provide officials please contact entries@lifesaving.org.nz as there may be other ways for the club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

Please email officials names direct to Donal.drayhogg@lifesaving.org.nz as and when clubs confirm people. This is important to track how many we have and how many would still be needed.

Presentations:

Presentation of medals will be confirmed closer to the event. We will look to either present throughout the event or may do in sessions throughout the weekend.



EVENT INFORMATION

Point system:

Points are awarded as follows and count towards the Competition Club & Masters Competition club of the Year.

Individual Events		Team Events	
Placing	Points	Placing	Points
1 st	3	1 st	5
2 nd	2	2 nd	3
3 rd	1	3 rd	1



EVENT INFORMATION

Health & Safety:

- A Competition Safety Plan is completed for every SLSNZ event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings. Missing person at sea policy can be found [here](#).
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found [here](#)
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesaving.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
 - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).
- **Concussion Protocol**
 - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
 - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
 - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
 - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
 - Under 18 competitor waivers found [here](#).



EVENT INFORMATION

- 18 and over competitor waivers found [here](#).
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.
- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.