U10 ROYALE

04.02.23

OREWA

SURF LIFE SAVING®
NORTHERN REGION

EVENT INFORMATION

Event Timings:

Tides: Orewa: 1.38pm Low Tide / 7.37am High Tide

When	What	Who
7.00am	Event Safety Evaluation	ER, EM, ESO, DER, WSC
7.15am	Event Safety Briefing	ESO, WSC, Event safety team
8.00am	Officials Briefing	ER, EM, ESO, DER, officials
8.15am	Event Briefing	ER, EM, ESO, DER, Team Managers
9.00am	Event Start	All

Event Purpose:

This event is to provide a positive, fun experience for our U10 members & Officials. This will be delivered in a format which is inclusive to all members from all clubs. As such, a 200m badge is not required to enter this event. This event is open to U8, U9 & U10 members.

This event will be achieved through teams of 8-12 members being formed, with club coaches leading these teams through a number of relay events on the beach and in the water. Some events may be a variation of those found within the SLSNZ Competition manual. Events will included badged & non-badged components.

This event will be held on the Saturday of SLSNR Jnr Champs. As teams are composite (mixed club), there will be no club points awarded to teams from events.

EVENT INFORMATION

Program:

	U10	
Event	M	F
Mixed Board & Boogie Board Relay	√	
All Team Beach Relay	√	
Mixed Tube Relay	√	
Mixed Diamond Relay	√	
Mixed Cameron Relay	√	

Entry Process:

Clubs will enter members through the Waves portal like other events. Due to the setup of the new waves entry system competitors need to enter an "event" so there is only the surf/wading race set up just to capture competitor names entered into the Royale.

Once entries close, all U10 members across all clubs will be formed into teams to 8-12 members (pending numbers). These teams will be led by coaches & team managers, provided by the clubs.

- Entries close **Tuesday 24th January 2023 at 10am**
- Search for "2023 Northern Region U10 Royale" on the SLSNZ online entry portal here
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & members agree to SLSNR using any images and video taken during the event for media and promotional purposes.

Entry Fees:

- $25.00 (inclu. GST) per entrant.
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.

Rules:

- Please refer to the Event Guidelines section at the bottom of this document for event information.
- As this is event is an opportunity to provide a positive experience for future lifeguards, the Officials role will be to educate rather than adjudicate. As such, no DQ's will be given on the day.

EVENT INFORMATION

- The Event Management Committee reserves the right to make any amendments on the day to ensure a safe event is run for the membership.

Competition Uniform:

- All members must wear a team cap which will be provided.
- All members are to wear a High Visibility Vest

Briefings:

- It is important that all surf officials, managers and competitors attend their required briefings

- Updated event Information will be via the TeamReach app – group code is SLSNRJS, as well as on the Northern Region website

Surf Officials:

- All Clubs are required to provide at least 1 surf official for every 10 competitors (or part thereof).
- All clubs will be required to provide a Team Coach & Team Manager.
- Clubs may be requested to provide more, should the need arise.
- Please ensure that you have adequate numbers of Surf Officials available to meet the numbers of competitors entered.
- If your club is struggling to provide officials please contact entries@lifesaving.org.nz as there may be other ways the club can help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

Please email officials names direct to Donal.drayhogg@lifesaving.org.nz as and when clubs confirm people. This is important to track how many we have and how many would still be needed.

Water Safety Support:

- All Clubs are required to provide at least 1 water competent person (whether it's a lifeguard or parent help for every 10 competitors (or part thereof) to act as water safety if required.
- Water safety support will be rostered to assist the Event Safety & Support team during water events.
- Clubs need to provide a list of names to the Event Manager by Friday 30 December 2022

EVENT INFORMATION

All Water safety are required to turn up 'ready to respond'; equipped with Wetsuit, Rash Shirt, Fins, Tubes and Goggles.

Health & Safety:

- A Competition Safety Plan is completed for every SLSNR event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings. Missing person at sea policy can be found here.
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found here
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesacing.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNR and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
    - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website here.
- **Concussion Protocol**
    - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
    - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
    - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
    - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
    - Under 18 competitor waivers found here.
    - 18 and over competitor waivers found here.

EVENT INFORMATION

- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.
- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.

EVENT INFORMATION

Event Guidelines:

Please see the below descriptions for the events that will be held at the 2023 U10 Royale.

Teams can be made up of any gender composition.

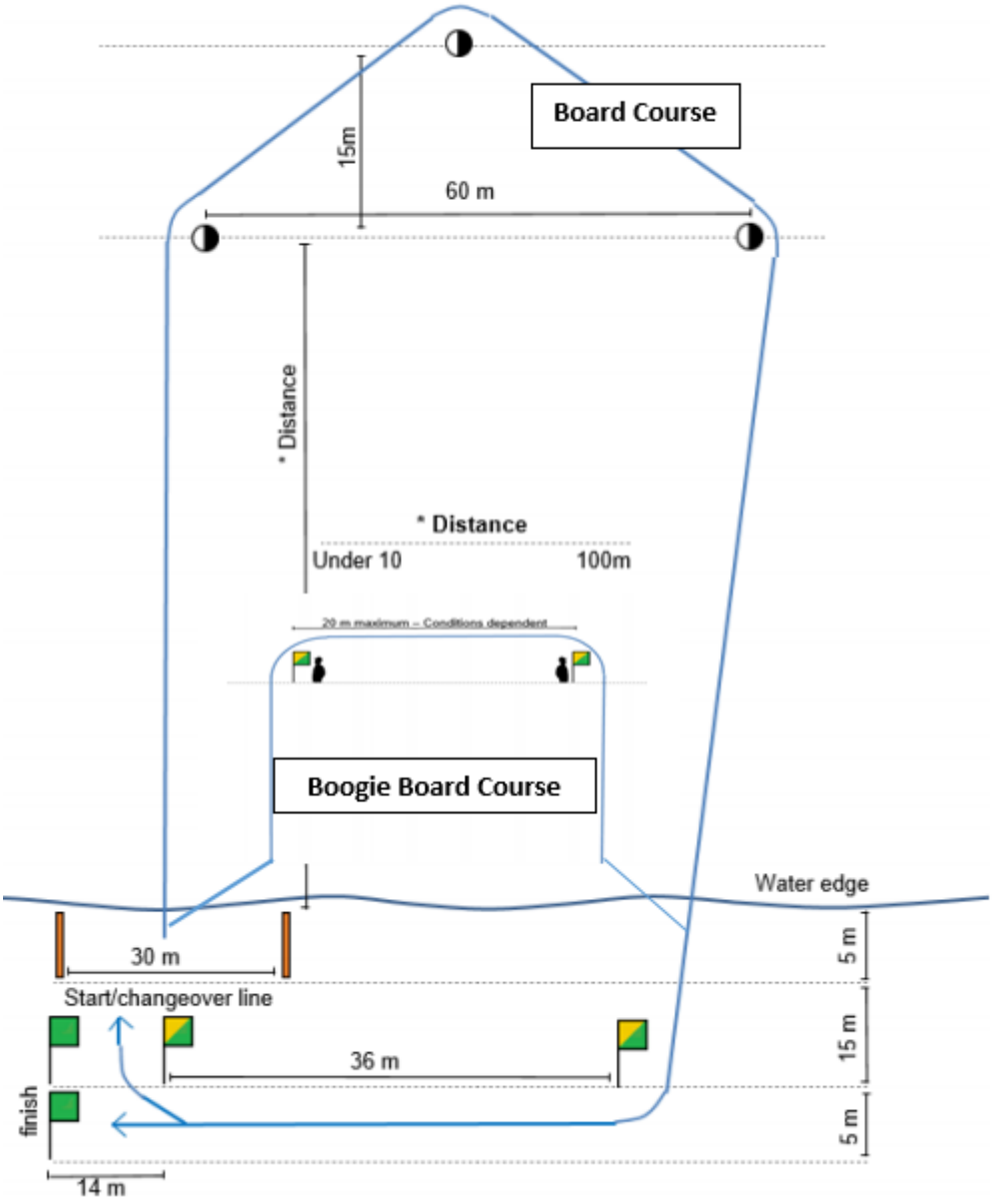
All events are designed to be inclusive but to retain a competitive element and provide a rewarding experience for all.

Mixed Board & Boogie Board Relay:

- A team will consist of four (4) participants.

EVENT INFORMATION

- Participants will start the first leg at the start finish line and complete either the board course or boogie board course (depending on the order).
- Once the participant reaches the water's edge, they will round the two green and yellow turning flags and tag the next participant.
- This order is repeated.
- The last participant will complete their respective course, round the tow green and yellow turning flags and finish between the two yellow flags.

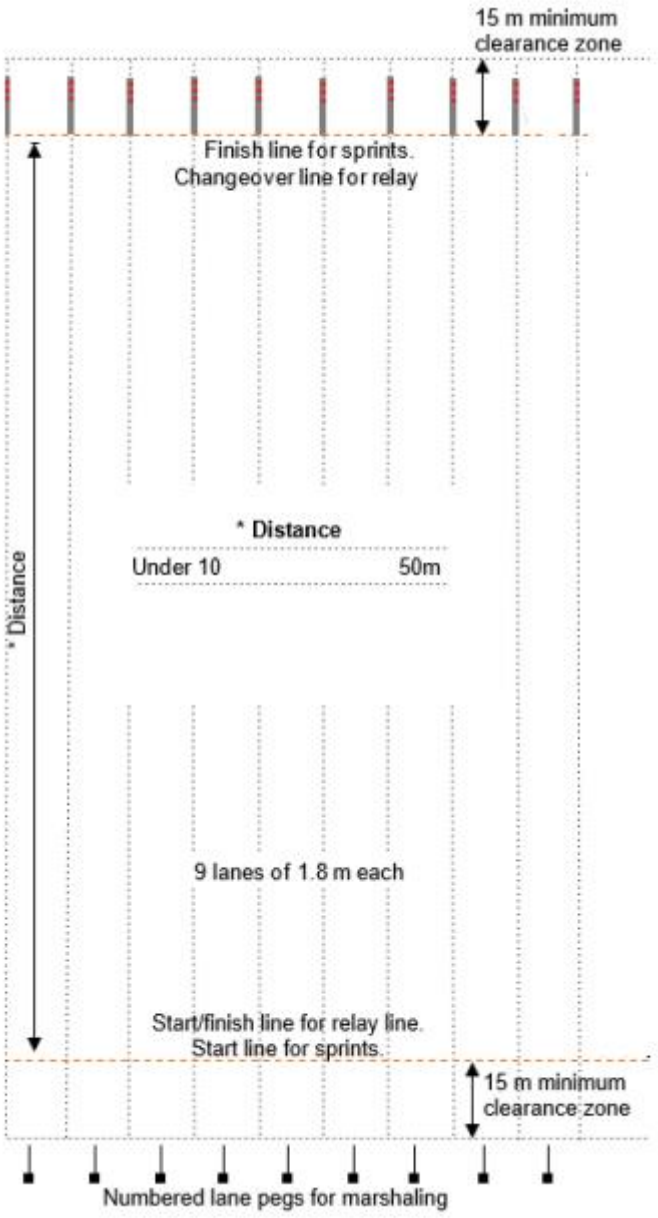


- Two participants will complete the board course and two participants will complete the boogie board course course in each team.
- The order of Board & Boogie Board legs will be drawn on the day.

EVENT INFORMATION

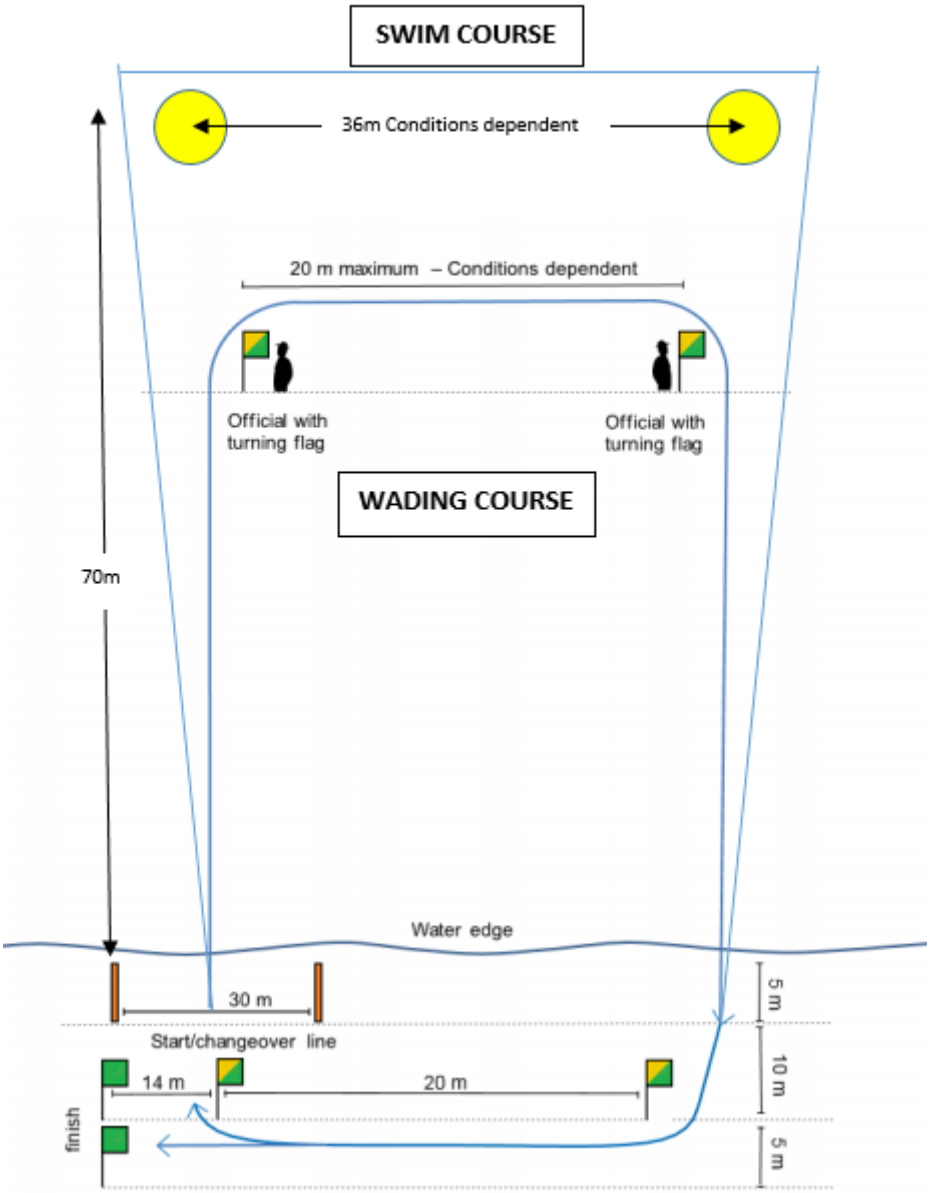
All Team Beach Relay:

- A team shall consist of all team members, half at the starting end, the other half at the finishing end.
- Each participant will complete a leg of the course with a baton held in either hand. At the end of their legs they shall pass the baton to the next runner.
- The starting conditions shall be as for the beach sprint Event with the first Competitor of the team taking the mark.
- Baton change-overs need to occur behind the change-over line. The baton cannot be thrown to the next competitor.
- Should a baton be dropped during the change-over, the receiver can recover the baton (whilst ensuring that there is no interference to other Competitors) and continue with their leg of the relay.



Mixed Tube Relay:

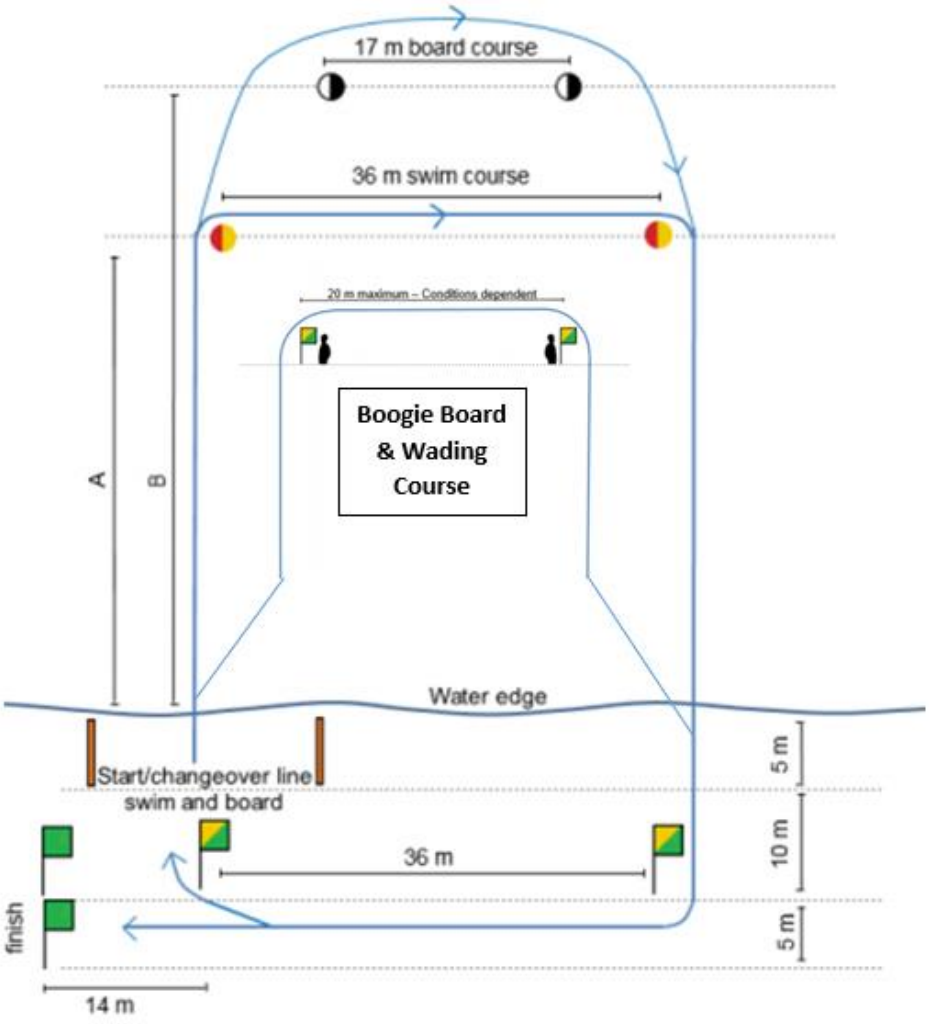
- The Tube Relay shall consist of four participants.
- First participants will line up on the start line. Participants will be wearing a Tube with the sash over their shoulders. Participants will start with the Tube in their hand.
- The Tube will act as the baton and will be changed over to the next participant at the end of each leg at the changeover line.
- Once the event commences, participants will complete either the swim or wading course (depending on the order). Upon reaching shore, participants will round the two green and yellow flags to the changeover line and pass their Tube to the next participant.
- This order is repeated.
- The final participant will complete their respective course, round the two green and yellow flags and finish between to the two green flags.



- Two participants will complete the wading course and two participants will complete the swimming course in each team.
- The order will be set on the day between wading & swimming.

Mixed Diamond Relay:

- Teams will consist of four (4) participants.
- The first participant will complete their respective course (order dependent) and round the green the yellow turning flags to tag the second participant at the changeover line.
- This order is repeated throughout the remaining legs.
- Upon reaching the shore, the fourth participant shall then proceed around the green and yellow turning flag and finish between the two green flags.
- One participant in each team will complete a Board, Boogie Board, Swim & Wade course.

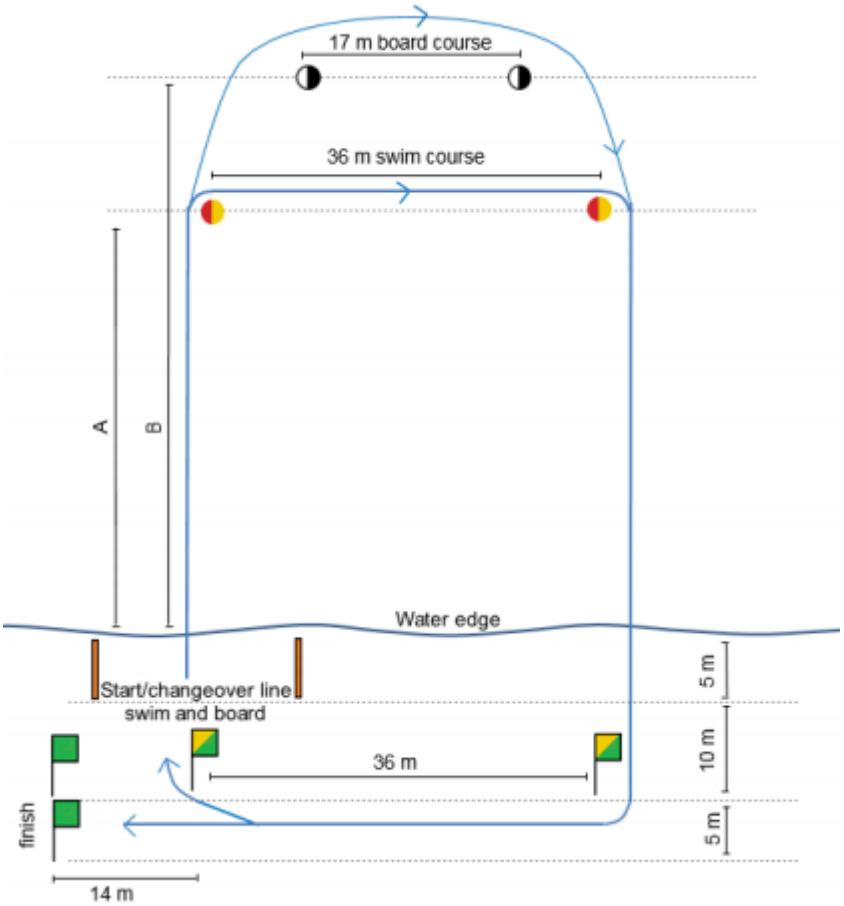


- The order of the water legs will be drawn on the day.

EVENT INFORMATION

Mixed Cameron Relay:

- Teams will consist of four (4) participants.
- On the starting signal, the first runner will proceed from the start line around the far turning flag and tag the first swimmer.
- The first water participant will complete their respective course (order dependent) and round the green the yellow turning flags to tag the second participant at the changeover line.
- The second water participant will complete the same order, tagging the second runner at the water's edge.



- The second runner shall then proceed around the green and yellow turning flag and finish between the two green flags.
- The order of the water legs will be drawn on the day.