

# **PATROL CHAMPIONSHIPS**

# 22/23

**21.1.23**  
**ŌMAHA**

**Teams of 7**



**SURF LIFE SAVING®**  
NORTHERN REGION

# EVENT INFORMATION

## Purpose:

This event has been created to place emphasis on the lifeguarding pathway, from U14's through to qualified guards, drivers & first aiders. The events objective is to create a positive experience for SLSNR's members and to provide an opportunity for active mentoring across experienced & new members.

Events provided are aimed to cover all competencies our lifeguards should possess and will include scaled elements to accommodate U14 members.

## Event Timings:

**Omaha Tides** – Low tide: 1.31pm / High tide: 7.34am

Timing	What
8.30am	Team Managers Meeting
8.45am	Officials Briefing
9.30am	Session 1 Start time

## Team Composition

Each team will be made up of 7 members. Each team must include:

<b>SLSNR Patrol Championships Team Composition</b>	
<b>3-4x Rookies</b>	<ul style="list-style-type: none"><li>- Must be 12-13 Years old at the start of the season</li><li>- Must hold a current 200m Patch</li><li>- Must be currently completing the Rookie Lifeguard program.</li></ul>
<b>3-4x Lifeguards</b>	<p>To include:</p> <ul style="list-style-type: none"><li>- 1x IRB Driver</li><li>- 1x IRB Crewperson</li><li>- 1x FA Level 2 Award (Current)</li><li>- 1x Lifeguard (newly qualified within last 12 months)</li></ul> <p>One member can satisfy multiple categories outlined above.</p>

Clubs are welcome to submit multiple teams.



# EVENT INFORMATION

## Event Programme:

Session 1	Session 2
Patrol Operations	Rescue Ready
Life Saving Theory	Surf Teams Race
Radio Communications	IRB Rescue
CPR	Teams Board Rescue
Scenario	

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions

## Event Descriptions:

### 1. Theory Questions (All Team Members)

- Each team member will be required to answer twenty multiple choice questions on the question and answer sheets provided.
- A time limit of twenty minutes will be imposed.
- Questions will be taken from the Surf Lifeguard Award Training manual and any module covered in the Rookie Lifeguard work books.
- Lifeguards and U14 members will undertake different questions.

### 2. Radio Communication (4-5 Members)

- Teams will demonstrate their radio communication skills through a task given to them on the day.

### 3. CPR Assessment (2x members)

- Two members (selected at random on the day) of each team will deliver and be assessed on their ability to perform single person adult CPR and asked questions on the process. The individual will be assessed as per the SLSNZ surf lifeguard award examination manual.

### 4. Scenario based assessment (All Team Members)

- All members of each team will participate in and be assessed on a scenario involving different aspects of lifeguarding skills. Participants will have to use their knowledge and understanding of the SLSNZ Surf Lifeguard Award manual to successfully complete the task.



# EVENT INFORMATION

## 5. Surf teams race with fins (All Team Members)

- All team members to line up.
- From the start line, swimmers shall round the allocated swim buoy(s) and then return to shore.
- All competitors must wear swim fins.
- Upon returning to shore they will run between the two green finishing flags where their position will be recorded.

## 6. IRB Tube rescue relay (All Team Team)

- Each team will have one patient positioned in the water on the seaward side of their nominated IRB turning buoy.
- On the starter's signal, the crew launch the IRB, proceed through the surf and pick up their patient.
- The crew return to shore and complete the Race by the driver completing engine closedown procedures, exiting the IRB and running up to tag their team runner.
- The team runner will run to the tube patient and tag them
- The patient shall enter the water and swim to their allotted buoy. On reaching their allocated buoy, the patient shall place their hand or forearm over the top of the buoy and signal their arrival by raising their other arm to the vertical position while remaining in contact with the buoy.
- At the sight of the patients arm being risen the rescuer will enter the water and swim to the patient for the rescue.
- Once clipped in correctly the rescuer and patient will swim back to shore where the second runner will be waiting to be tagged.
- The second runner will then run through the finish line.
- Please note that rookie members cannot race/patient for the IRB section of the race.

## 7. Board rescue (2 Members per team entered)

- The patient will line up on the start line. On the starting signal the patient shall enter the water and swim to their allotted buoy. On reaching their allotted buoy, the patient shall place their forearm over the top of the buoy and then signal their arrival by raising their other arm to the vertical position while remaining in contact with the buoy.
- On receiving this signal the rescue paddler will run from the start line with their board and paddle out to pick up the patient.
- On arrival at the allotted swim buoy the paddler will secure the patient on the seaward side of the buoy.
- The two will then return to shore and through the finish line.



# EVENT INFORMATION

## Entry Process:

- Entries close **Monday 9 January 2023 at 10am**
- Search for “2023 Northern Region Patrol Champs” on the SLSNZ online entry portal [here](#)
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

## Entry Fees:

- **\$75.00** (incl. GST) per Team
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.

## Cancellation Policy:

- If an event is cancelled for any reason clubs will not be invoiced for entries.

## Eligibility of Competitors:

- This competition is open to any current & active SLSNZ member, which requires:
  - A DOB recorded in the SLSNZ Database
  - A PRIMARY membership with the club they intend to participate for
  - Rookies must have a 200m safety badge
  - Senior competitors need to be either a refreshed Surf Lifeguard for the previous season OR a newly qualified Surf Lifeguard in the current season.

## Rules:

- This event will be conducted under the rules contained in the [SLSNZ Surf Sport Competition Manual](#).
- Any additional amendments will be communicated by the SLSNR Event Manager.

## Competition Uniform:

- All competitors must wear their club cap.
- All competitors are to wear a High Visibility Vest
- All competitors must bring surf fins with them



# EVENT INFORMATION

## **Briefings:**

- It is important that all surf officials, managers, and competitors attend their required briefings
- Updated event Information will be posted up on Facebook as well as on the Northern Region website

## **Surf Officials:**

- All Clubs are required to provide at minimum 1 surf official for every team entered
- Clubs may be requested to provide more, should the need arise.
- Officials need to wear the appropriate uniform shirt

## **Clubs with multiple Teams:**

The final score for clubs that enter more than one team will be the average score of all teams entered (ie. Omaha A: 120 points, Omaha B: 80 points- Omaha Overall Club Points: 100)

## **Event Courses:**

- Courses will be set closer to the time, taking into account wind & tide.

## **Event Photography:**

- We do allow photos to be taken at events but if you wish to take photos within the arenas you will need to fill in a photo application form which can be found [here](#).



# EVENT INFORMATION

## Health & Safety:

- A Competition Safety Plan is completed for every SLSNR event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings. Missing person at sea policy can be found [here](#).
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found [here](#)
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to [entries@lifesacing.org.nz](mailto:entries@lifesacing.org.nz). However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNR and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
  - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).
- **Concussion Protocol**
  - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
  - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
  - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
  - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
  - Under 18 competitor waivers found [here](#).
  - 18 and over competitor waivers found [here](#).
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.



# EVENT INFORMATION

- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.