



TAKAPUNA BEACH

SUNDAY 9 JULY

Ski / Double Ski
Canoes / Surf Boats
SUPS / Waka Ama



SURF LIFE SAVING[®]
NORTHERN REGION

EVENT INFORMATION

Event Timings:

Tide Takapuna: 12.04pm high tide / 5.47am low tide

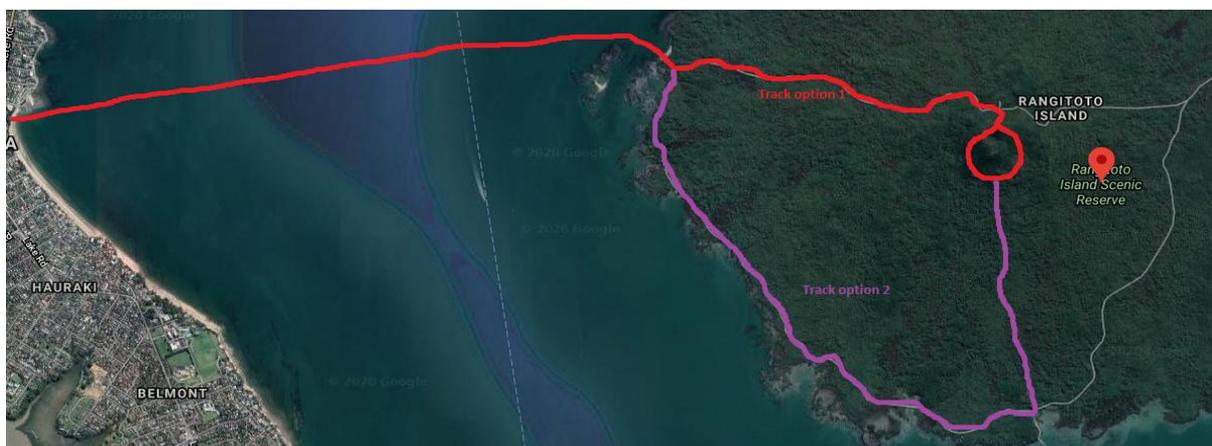
When	
7.15am	Registration opens
8.15am	Event Briefing
8.45am	Marshalling on start line
9.00am	Race begins
	Prizegiving will begin 30mins after final competitor crosses line.

Event Programme:

Please note that the course is subject to change due to a dependence upon the water/weather conditions.

Takapuna to Rangitoto

- Competitors will line up beside their craft in knee depth water.
 - Depending on the number of competitors there may be a staggered start.
- On the start signal competitors will paddle their craft 5km across the Rangitoto Channel to McKenzie Bay, Rangitoto Island (near Light House).
- Competitors will land their craft on the fine volcanic rock / sand beach, locate their running shoes and run 3.5km to the summit remaining on the public track for the entire run.
- Competitors will run to the summit and around an official then back down the path they came, back to McKenzie Bay and paddle back 5km back to Takapuna Beach.
 - The Red track on the island is our first option for running
 - The purple track is our second option if option one is unavailable to run (will be confirmed week of race)





EVENT INFORMATION

Registration:

A compulsory pre-race Registration will be held 7.15 – 8.15am at The Strand, Takapuna on the day.

Race Briefing:

A Race Briefing will take place at 8.15am at the Takapuna Boat Club, on The Strand, Takapuna. Important information will be given at this briefing that you will need to know.

Please note: All competitors must attend the Race Briefing.

Event Categories and Entry Fees:

This event is open to surf ski, double ski, ocean ski, SUPs, waka ama, surf boats and surf canoes.

Entry Fee:	\$22 for Surf Club Individual Surf Ski
	\$45 for Surf Club Double Ski
	\$60 for Surf Club Boats/Canoes
	\$30 per person for Non Surf Club Ocean Ski, SUP, Waka Ama
	\$60 for Non Surf Club Double Ocean Ski

Surf Life Saving Member

- Individual (Surf Ski)
- Double Ski
- Surf Boat/Canoe

Non Member

- Individual (Ocean Ski, SUP, Waka Ama)
 - Double (Ocean Double)
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Entry Process:

- Entries close **Wednesday 5th July 2023**
- For Club members online entry can be [found here](#)
- For non surf club Members use this link to enter [via this link](#)
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.



EVENT INFORMATION

Cancellation Policy:

- If an event is cancelled clubs will not be invoiced for entries.
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Eligibility of Competitors:

- Be a minimum of 18 years old on race day or
 - Hold their Surf Lifeguard award
 - ALL MARITIME SAFETY RULES MUST BE OBEYED AT ALL TIMES DURING THE EVENT.
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Competition Uniform:

	SLSNZ Member	SLSNZ Non-Member
Individual- Ski, Ocean Ski, SUP, Waka Ama	<ul style="list-style-type: none">- High visibility top- Personal Floatation Device (PFD)- Leash	<ul style="list-style-type: none">- High visibility top- PFD- Leash- Flare- Tracking device/Cell phone (water proof case)
Double Ski, Ocean Ski	<ul style="list-style-type: none">- High visibility top- PFD- Leash	<ul style="list-style-type: none">- High visibility top- PFD- Leash- Flare- Tracking device/Cell phone (water proof case)
Boats/Canoe	<ul style="list-style-type: none">- High visibility top- PFD (Sweeps only)- Rescue tube	<ul style="list-style-type: none">- N/A

- Participants must follow the above safety requirements. If any participants are without any of the requirements, Race Management reserves the right to restrict participation.
- Safety craft and First Aid will be present during the event.



EVENT INFORMATION

Event Photography:

- If you are wishing to take photos at our competition then please fill in the [Media Agreement Form](#) and send to entries@lifesaving.org.nz
- Please note Use of Cameras and Video devices rules are covered under [2.25 in the Surf Sports Competition Manual](#).
- Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration
- If access is gained then a Vest will be issued and must be worn at all times

Competition Safety Plan:

A Competition Safety Plan will be completed for the event.

One key section of the Competition Safety Plan is the [Missing Competitor at Sea](#) – Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team.

This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs' responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found [here](#).

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

Key Contact:

If you have any queries or concerns, please feel free to contact Donal.

Donal Dray-Hogg
Events and Participation Development Officer
donal.drayhogg@lifesaving.org.nz
entries@lifesaving.org.nz
021 813 090



EVENT INFORMATION

Health & Safety:

- A Competition Safety Plan is completed for every SLSNZ event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the **Missing Competitor at Sea – Emergency Response Plan** and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found [here](#)
- **Pre-Existing Medical Conditions:** All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesacing.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
 - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website [here](#).
- **Concussion Protocol**
 - Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
 - Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
 - Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
 - Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
 - Under 18 competitor waivers found [here](#).
 - 18 and over competitor waivers found [here](#).
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.



EVENT INFORMATION

- **Covid-19:** Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.

SHIPPING CHANNEL

- We will communicate with the Harbour Master and Ports of Auckland on the evening before and on the morning of the Event to confirm any shipping movements in the channel on that day.
- If it is known that there will be a ship in the channel during racing, all crews will be briefed on actions to be taken when in the Shipping Channel.
 - If a ship is in the channel, then crews must adhere to Maritime NZ guideline http://maritimenz.govt.nz/recreational/rules/#channels_and_harbours
- A race safety boat will be designated to marshal progress across the channel and raise a yellow flag and communicate with crews if it is unsafe to cross the channel



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