

Event Purpose:

The Northern Region Championships is a pinnacle event for Northern Region. The event sees athletes coming together to battle it out for medals. This event is the final championship event ahead of the National Championships.

We aim to provide an enjoyable competitive event for all attending.

Event Timings:

Tides Whangamata: Saturday 7.53am Low Tide / 2.13pm High Tide

Sunday 8.51am Low Tide / 3.07pm High Tide

When	What	Who	What	Who
	Wednesday 14 February			
7pm	IFVENT ()X, A	Anyone who wants to attend online		
	Friday 16 February			
7pm	Ream Managers Briefing	ER, EM, ESO, DER, Team Managers (all arenas)		
	Saturday 17 February		Sunday 18 February	
7.00am			Event Safety Evaluation	ER, EM, ESO, DER, WSC
7.15am	· ·	, ,	Event Safety Briefing	ESO, WSC, Event safety team
7.30am	()tticials Brieting	ER, EM, ESO, DER, officials	Officials Briefing	ER, EM, ESO, DER, officials
8.00am	Team Managers Updates	ER, EM, ESO, DER, Team Managers (all arenas)	Team Managers Updates	ER, EM, ESO, DER, Team Managers (all arenas)
9.00am	Event Start	(all arenas)	Event Start	(all arenas)

Briefings:

- It is important that all surf officials, managers and competitors attend their required briefings. It will be compulsory for each club to have a representative attend the team managers briefings (this includes boats/canoes)
- Updated event Information will be posted up on Facebook and via the TeamReach app group code is SLSNRC24, as well as on the Northern Region website



Event Programme:

Events	Individual / Team	Age groups	Gender
Surf Race	Individual	U15/U17/U19/OPEN/MASTERS	M/F
Board Race	Individual	U15/U17/U19/OPEN/MASTERS M/F	
Ski Race	Individual	U15/U17/U19/OPEN/MASTERS	M/F
Iron	Individual	U17/U19/OPEN/MASTERS	M/F
Diamond	Individual	U15	M/F
Beach Sprints	Individual	U15/U17/U19/OPEN/MASTERS	M/F
Beach Flags	Individual	U15/U17/U19/OPEN/MASTERS	M/F
Beach Relay	Team	U17/U19/OPEN/MASTERS	M/F
Board Relay	Team	U17/U19/OPEN/MASTERS	M/F
Ski Relay	Team	U17/U19/OPEN/MASTERS	M/F
3 Person Taplin	Team	U17/U19/OPEN/MASTERS	M/F
Tube Rescue	Team	U17/U19/U23/OPEN	M/F
Double Ski	Team	U17/U19/OPEN/MASTERS	M/F/MIXED
Boat Long Course	Team	U19/U23/OPENS/MASTER	M/F/MIXED
Boat Short Course	Team	U19/U23/OPENS/MASTER	M/F/MIXED
Canoe Long Course	Team	U19/OPENS/MASTER M/F/MIXED	
Canoe Short Coure	Team	U19/OPENS/MASTER M/F/MIXED	

Draft Event Programme:

Below is the draft program. This will be amended according to final entries and conditions on the day. Any changes will be communicated in a timely manner.

	Swim			
Saturday AM	Board			
(U15 & U17's to run finals, U19 & Open finals on Sunday PM)	Ski			
on canaay : m,	Iron			
	Beach Flags			
	Beach Relay			
	Beach Sprints			
Saturday PM- Sunday AM	Board Relay			
	Double Ski (Single Gender & Mixed)			
	Ski Relay			
	Tube Rescue			
	Swim			
Sunday PM	Board			
Finals Package for U19 & Opens	Ski			
	Iron			
Surf Boats – SC/LC – order and days to be confirmed after final entries				
Surf Canoes – SC/LC – order and days to be confirmed after final entries				

Beach events will run at the same time as the water events.

Event Curtailment Plan:

The below outlines the events planned to be delivered, and which events take priority. The Event Curtailment Plan will be used to ensure a quality experience is delivered.

The Event Curtailment Plan may be implemented after final entry numbers. It will be used at the discretion of the Event Management Committee, should conditions become unfavourable.

	Swim	
	Board	
	Ski	
Priority 1 Events	Iron	
	Beach Flags	
	Beach Relay	
	Beach Sprints	
Priority 2 Event	3 Person Taplin Relay	
Driority 2 Events	Board Relay	
Priority 3 Events	Ski Relay	
Briggity 4 Events	Double Ski	
Priority 4 Events	Tube Rescue	

Event Courses:

• Courses will be set closer to the time, taking into account wind & tide.

Event programme will be provided once entries have closed.

Event Clashes – Events will not be held for any competitor. If a competitor has not registered for an event, or is not on the line ready then they will not start in that heat or another heat.

Programme/times may change to allow for the relevant level safety requirements.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.

Entry Process:

- \$65.00 (incl. GST) per Competitor
- \$180.00 (incl. GST) per Boat/Canoe Crew
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.
- Entries close Wednesday 7 February at 11am
- For Club members search for "2024 Northern Region Senior Championships" on the SLSNZ online entry portal here
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

Cancellation Policy:

• If an event is cancelled for any reason clubs will not be invoiced for entries.

Eligibility of Competitors:

- This competition is open to any current & active SLSNZ member.
- Competitors age group is determined by their age as at midnight on 30th September 2023.
- Masters competitors only require a Surf Lifeguard Award recorded on the SLSNZ Database
- Competitors must be a minimum of 14 years of age.
- Competitors need to be either a refreshed Surf Lifeguard for the previous season OR a newly qualified Surf Lifeguard in the current season.

Team Substitutes

All team substitutes must be registered in some capacity in the event. This means that if an athlete is competing in any event for example the surf race they are registered for the event. In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event.

This is to allow fairness to all by ensuring that all eligibility criteria are met.

Masters

- Individual Masters events will have entries available in 5 year age increments (30-34, 35-39, 40-44, 45-49 etc.) and they will be recognized accordingly.
- Masters Team events will be run as a single age category.
- Depending on entry numbers age groups may be combined for races.

Rules:

- This event will be conducted under the rules contained in the SLSNZ Surf Sport Competition Manual, including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).
- If a club wants to make protest there is a \$50 protest fee that must be paid at the time of protesting. Protest forms will be available in the admin HQ (downstairs annex of club).
- Competitors can only race in 1 age group in individual events and will not be able to switch age group arenas throughout the day. Racing will not be held for people. This is to ensure we can get through as much racing as possible.

Competition Uniform:

- All competitors must wear their club cap.
- All competitors are to wear a High Visibility Vest
- Surf Boats should have

Composite Teams:

- Clubs that are struggling to make up numbers in mixed relays events, may form composite teams.
- This function is to promote smaller clubs fielding teams and encourage clubs to exercise this option in the spirit intended.
- Please contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off if this applies to you.
- Please note that composite teams will not be eligible for points but will stay in the event progressions

Surf Officials:

- All Clubs are required to meet Surf Official/Competitor ratios of 1 surf official for every 10 competitors (or part thereof) but encouraged, to not meet but exceed supplied Surf Official numbers
- Clubs may be requested to provide more, should the need arise.
- If you are struggling to provide officials please either contact other clubs to arrange loan Surf Officials or contact entries@lifesaving.org.nz as there may be other ways for your club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

Event Photography:

- If you are wishing to take photos at our competition then please fill in the Media Agreement Form and send to entries@lifesaving.org.nz
- Please note Use of Cameras and Video devices rules are covered under 2.25 in the Surf Sports Competition Manual.
- Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration
- If access is gained then a Vest will be issued and must be worn at all times

Presentations:

At the conclusion of racing each day we will be presenting medals to all place getters in each event that was contested that day. At the conclusion of racing on Sunday we will be presenting all remaining Medals. You are encouraged to stay behind and recognize those who have achieved during these Championships.

Points are awarded as follows and count towards the Competition Club & Masters Competition club of the Year.

Point system:

Points are awarded as follows

Individual Events		Team Events	
Placing	Points	Placing	Points
1 st	3	1 st	5
2 nd	2	2^{nd}	3
3 rd	1	3 rd	1



A Competition Safety Plan will be completed for the event.

One key section of the Competition Safety Plan is the Missing Competitor at Sea – Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team.

This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs' responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found here.

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

Key Contact:

If you have any queries or concerns, please feel free to contact Donal.

Donal Dray-Hogg Events and Participation Development Officer donal.drayhogg@lifesaving.org.nz entries@lifesaving.org.nz 021 813 090

Website: www.lifesaving.org.nz

Facebook: SLSNR Junior Surf and Competitive Lifesaving

Instagram: @slsnorthern

Health & Safety:

- A Competition Safety Plan is completed for every SLSNR event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the Missing Competitor at Sea Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found here
- Pre-Existing Medical Conditions: All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesacing.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNR and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
 - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website here.

Concussion Protocol

- Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
- Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
- Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
- Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
 - Under 18 competitor waivers found here.
 - 18 and over competitor waivers found here.
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.



• Covid-19: Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.