



The Northern Region Junior Championships is a pinnacle event for Northern Region. This event is the only competitive junior event Northern Region runs on the beach and includes the Cath and Eddie Millar Cup.

We aim to provide an enjoyable competitive event for all attending.

## **Event Timings:**

**Tide Ōrewa:** Saturday 8.00am Low Tide / 2.13pm High Tide Sunday 8.52am Low Tide / 3.01pm High Tide

When	Involved
7.00am	EMC briefing – EM, ER, ESO, WSO
7.15am	Event Guard briefing - ESO, WSO, Event guards
7.45am	Officials Briefing
8.00am	Event Briefing – EMC, Team Managers
9.00am	Event Starts

#### **Briefings:**

- It is important that all surf officials, managers and competitors attend their required briefings
- Updated event Information will be posted up on Facebook and via the TeamReach app group code is SLSNRJS23, as well as on the Northern Region website

## **Event Programme:**

#### **U12** Badged

	Individual /	Age	_
Events	Team	groups	Gender
Sprints	Individual	U11, U12	M/F
Beach Relay	Teams of 4	U11, U12	M/F/Mixed
Flags	Individual	U11, U12	M/F
Surf Race	Individual	U11, U12	M/F
Board Race	Individual	U11, U12	M/F
Board Relay	Teams of 3	U11, U12	M/F/Mixed
Diamond	Individual	U11, U12	M/F
Cameron Relay	Teams of 4	U11, U12	Mixed
Run Swim Run	Individual	U11, U12	M/F

### **U14** Badged

Events	Individual / Team	Age groups	Gender
Sprints	Individual	U13, U14	M/F
Beach Relay	Teams of 4	U13, U14	M/F/Mixed
Flags	Individual	U13, U14	M/F
Surf Race	Individual	U13, U14	M/F
Board Race	Individual	U13, U14	M/F
Board Relay	Teams of 3	U13, U14	M/F/Mixed
Diamond	Individual	U13, U14	M/F
Cameron Relay	Teams of 4	U13, U14	Mixed
Tube Rescue	Teams of 2	U13, U14	M/F/Mixed
Board Rescue	Teams of 2	U13, U14	M/F/Mixed
Run Swim Run	Individual	U13, U14	M/F/Mixed

For team events competitors can only race in their gender (boys/girls) or as a mixed team. **They cannot be entered in both.** 

Event programme will be provided once entries have closed.

The final programme will also be influenced by the conditions of the day. The Event Management Committee may alter competition courses in order to address safety or to account for tidal, sea and beach condition changes. As far as possible we will undertake to provide all competitors with fair and equal conditions.

## **Entry Process:**

- \$50 per person
- All entry fees will be calculated following the completion of the event and clubs will be invoiced directly.
- Entries close Tuesday 23 January at 11am
- For Club members search for "2024 Northern Region Junior Championships" on the SLSNZ online entry portal here
- Please ensure your Team Management & Surf Official information is up to date on the online system.
- Failure to list a team manager may mean that you will miss out on vital information.
- It is the expectation of the event organisers that clubs will only enter competitors that have the requisite ability to compete safely in any given event.
- By entering this event clubs & competitors agree to SLSNR using any images and video taken during the event for media and promotional purposes.

#### **Cancellation Policy:**

If an event is cancelled for any reason clubs will not be invoiced for entries.

### **Eligibility of Competitors:**

- This competition is open to any current & active SLSNZ member, which requires:
  - A DOB recorded in the SLSNZ Database
  - A PRIMARY membership with the club they intend to participate for
  - A 200m safety badge to participate in identified events
- Competitors age group is determined by their age as at midnight on 30th September 2023.

#### **Team Substitutes**

All team substitutes must be registered in some capacity in the event. This means that if an athlete is competing in any event for example the surf race they are registered for the event. In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event.

This is to allow fairness to all by ensuring that all eligibility criteria are met.

#### Rules:

• This event will be conducted under the rules contained in the SLSNZ Surf Sport Competition Manual, including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee(s).

#### **Competition Uniform:**

- All competitors must wear their club cap.
- All competitors are to wear a High Visibility Vest

### **Composite Teams:**

- Clubs that are struggling to make up numbers in mixed relays events, may form composite teams.
- This function is to promote smaller clubs fielding teams and encourage clubs to exercise this option in the spirit intended.
- Please contact the Event Manager (entries@lifesaving.org.nz) prior to entry cut off if this applies to you.
- Please note that composite teams will not be eligible for points but will stay in the event progressions

#### **Surf Officials:**

- All Clubs are required to meet Surf Official/Competitor ratios of 1 surf official for every 10 competitors (or part thereof) but encouraged, to not meet but exceed supplied Surf Official numbers
- Clubs may be requested to provide more, should the need arise.
- If you are struggling to provide officials please either contact other clubs to arrange loan Surf Officials or contact <a href="mailto:entries@lifesaving.org.nz">entries@lifesaving.org.nz</a> as there may be other ways for your club to help on the day.
- Surf Officials need to wear their Blue Officials Shirt and warm gear suitable for the days weather conditions & should come prepared with a water bottle and a whistle.
- If you need a blue official's shirt please contact Donal before the day.

### **Event Photography:**

- If you are wishing to take photos at our competition then please fill in the Media Agreement Form and send to entries@lifesaving.org.nz
- Please note Use of Cameras and Video devices rules are covered under 2.25 in the Surf Sports Competition Manual.
- Only applications from Surf Life Saving Members and Media Agencies will be accepted for consideration
- If access is gained then a Vest will be issued and must be worn at all times

## **Water Safety Support:**

- All Clubs are required to provide at least 1 water competent person (whether it's a lifeguard or parent help for every 10 competitors (or part thereof) to act as water safety if required.
- Water safety support will be rostered to assist the Event Safety & Support team during water events.
- Clubs need to provide a list of names to the Event Manager by Friday 17 November 2023

All Water safety are required to turn up 'ready to respond'; equipped with Wetsuit, Rash Shirt, Fins, Tubes and Goggles.

## **Cath and Eddie Millar Cup:**

- The Cath & Eddie Millar cup will be run in conjunction with the NR Junior Surf Championships as it has been in previous years.
- Team events will be contested across all age groups. U12 and U14 will all contest Beach Relay, Cameron Relay and Board Relay. Tube Rescue and Board Rescue will be contested in U14 only.
- Points for the Cath and Eddie Millar Cup events will be awarded based on the first three (3) place getters.
- Cath and Eddie Millar Cup points are based on only the first team per club to cross the line. For example, if a Club placed 1st, 2nd and 3rd in an event only their top placing counts towards the points. Second and third place points go to the next two respective clubs.

#### **Presentations:**

At the conclusion of racing each day we will be presenting medals to all place getters in each event that was contested that day. At the conclusion of racing on Sunday we will be presenting all remaining Medals. You are encouraged to stay behind and recognize those who have achieved during these Championships.

#### Point system:

Points are awarded as follows

Individual Events		Team Events	
Placing	Points	Placing	Points
<b>1</b> st	3	1 <sup>st</sup>	5
2 <sup>nd</sup>	2	$2^{nd}$	3
3 <sup>rd</sup>	1	3 <sup>rd</sup>	1

## **Competition Safety Plan:**

A Competition Safety Plan will be completed for the event.

One key section of the Competition Safety Plan is the Missing Competitor at Sea – Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team.

This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea.

#### Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs' responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found here.

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

#### **Key Contact:**

If you have any queries or concerns, please feel free to contact Donal.

Donal Dray-Hogg Events and Participation Development Officer donal.drayhogg@lifesaving.org.nz entries@lifesaving.org.nz 021 813 090

Website: www.lifesaving.org.nz

**Facebook: SLSNR Junior Surf and Competitive Lifesaving** 

Instagram: @slsnorthern

## Health & Safety:

- A Competition Safety Plan is completed for every SLSNR event and is available for viewing at the event.
- One key section of the Competition Safety Plan is the Missing Competitor at Sea Emergency Response Plan and the roles and responsibilities of Officials, Team Managers, Competitors, Management and Event Safety Team will be outlined during briefings
- This is a hugely important plan to understand and know where you can assist as time is critical when dealing with a missing person in the sea. More information can be found here
- Pre-Existing Medical Conditions: All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to entries@lifesacing.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNR and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.
  - It is important to note that that a pre-existing medical condition includes a concussion event that has occurred prior to this event. These forms are available through the website here.

#### Concussion Protocol

- Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
- Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
- Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
- Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.
- All competitors and managers are reminded we as a management group have a need to be informed prior to the start of the event if any competitor who is under medical treatment or has suffered an injury that may impede their ability to perform. This requirement requires the competitor (or parent in competitor is under 18) to complete a waiver to enable participation. We have a need to understand who may be at additional risk during an event so that additional resources can be focused on the competitor while competing and ensure their safety.
  - Under 18 competitor waivers found here.
  - 18 and over competitor waivers found here.
- The Event Management Committee reserves the right, if conditions warrant, to require canoe and boat crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.

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• Covid-19: Stay home if you're sick and do not take part in the event. You must not participate in any gatherings if you have COVID-19 symptoms or if you need to be in isolation for any reason.